

A.B.L.E.

Attitude

Believe

Leadership

Empowerment

Basic Life Skills for the Youth of Today

Who: Middle School and High School Youth

Start Date: Wednesday, January 10th

When: Weekly on Wednesday evenings

Time: 6:30-7:30 pm

Many of the youth today within our communities feel invisible, insignificant and forgotten.

The ABLE program seeks to invest in their lives and teach them basic life skills that empower them in healthy ways:

Positive Coping Skills

Improved Communication Skills

Finance and Budgeting

Basic Cooking Skills

Basic Maintenance Skills

Critical Thinking



For More Information and to Sign Up:

Faith Christian Church

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Statement of Purpose:

I am able.

I am important, and I have value.

*I am not defined by my past
or by other people,*

I am only defined by who I choose to be.

*How I choose to behave reflects
who I am choosing to be.*

*I am able to:
achieve goals,
take accountability,
and be responsible.*

I am able!

SELF IMPROVEMENT

Enhance

Improve

Inspire